

**2026 ECSD City Championships - 2026-06-10**  
**Rollie Miles Athletic Park**

**ECS JH - Records**

1	Girls 100 Metre Dash Junior	12.24	2017	Joy Vela - St. Nicholas
2	Boys 100 Metre Dash Junior	11.63	2007	Michael King McKenzie - Sir John Thompson
3	Girls 100 Metre Dash Intermediate	12.34	2014	Andrea Jokic - St. Elizabeth Seton
4	Boys 100 Metre Dash Intermediate	11.10	1988	Abi Issac - JJ Bowlen
5	Girls 100 Metre Dash Senior	12.08	2013	Gracia Muamba - Joseph Moreau
6	Boys 100 Metre Dash Senior	10.93	2008	Alfred Kamara - St. Hilda
7	Girls 200 Metre Dash Junior	27.20	2009	Chantelle Sutor - Father Michael Troy
8	Boys 200 Metre Dash Junior	24.49	2008	Emmanuel Nuski - Maurice Lavalee
9	Girls 200 Metre Dash Intermediate	26.14	2010	Chantelle Sutor - Father Michael Troy
10	Boys 200 Metre Dash Intermediate	23.68	2008	Michael King McKenzie - Sir John Thompson
11	Girls 200 Metre Dash Senior	25.27	2023	Monica Galouon-Eta - Joseph Moreau
12	Boys 200 Metre Dash Senior	22.25	2007	Evan Roesch - Louis St Laurent
13	Girls 400 Metre Dash Junior	1:03.37	2011	Gracia Muamba - Joseph Moreau
14	Boys 400 Metre Dash Junior	55.81	1990	John Corpuz - Holy Family
15	Girls 400 Metre Dash Intermediate	1:00.85	1997	Jennifer Kemp - Louis St Laurent
16	Boys 400 Metre Dash Intermediate	53.65	1988	Abi Issac - JJ Bowlen
17	Girls 400 Metre Dash Senior	1:00.60	2002	Ashley Patterson - Louis St Laurent
18	Boys 400 Metre Dash Senior	52.10	1989	Abi Issac - MF Otterson
19	Girls 800 Metre Run Junior	2:28.62	2012	Madison Margurz-Stricker - Louis St Laurent
20	Boys 800 Metre Run Junior	2:15.00	1981	Ray Deane - St. Cecilia
21	Girls 800 Metre Run Intermediate	2:23.10	1997	Jennifer Kemp - Louis St Laurent
22	Boys 800 Metre Run Intermediate	2:08.57	2003	Joel Lauzon - JJ Bowlen
23	Girls 800 Metre Run Senior	2:20.53	1998	Jennifer Kemp - Louis St Laurent
24	Boys 800 Metre Run Senior	2:03.17	2016	Andrew Weinkauf - MF Otterson
25	Girls 1500 Metre Run Junior	5:03.42	2012	Madison Marguez-Stricker - Louis St Laurent
26	Boys 1500 Metre Run Junior	4:46.40	1982	Ray Deane - St Cecilia
27	Girls 1500 Metre Run Intermediate	5:06.09	2005	Taylor Patterson - Louis St Laurent
28	Boys 1500 Metre Run Intermediate	4:28.04	2003	Joel Lauzon - JJ Bowlen
29	Girls 1500 Metre Run Senior	4:59.83	2011	Hannah Leggatt - HE Beriault
30	Boys 1500 Metre Run Senior	4:21.00	1984	John Stanton - JJ Bowlen
31	Girls 4x100 Metre Relay Junior	53.80	2009	- Father Michael Troy
32	Boys 4x100 Metre Relay Junior	50.64	2018	- St Nicholas
33	Girls 4x100 Metre Relay Intermediate	52.80	1978	- St Cecilia
34	Boys 4x100 Metre Relay Intermediate	47.70	1984	- Sir John Thompson
35	Girls 4x100 Metre Relay Senior	51.71	2008	- St Rose
36	Boys 4x100 Metre Relay Senior	46.35	2004	- Maurice Lavallee
37	Girls Shot Put Junior	11.46m	2002	Alysia Rissling - St Rose
38	Boys Shot Put Junior	12.77m	2004	Carlinton Thomas - St Elizabeth Seton
39	Girls Shot Put Intermediate	12.28m	1989	Maria Gouveia - JJ Bowlen
40	Boys Shot Put Intermediate	13.69m	1999	Christian Maanucci - JJ Bowlen
41	Girls Shot Put Senior	12.86m	2026-05-29	Rejoice Godwin - Holy Family
42	Boys Shot Put Senior	15.63m	1973	Hank Ilesic - St Basil
43	Girls High Jump Junior	1.50m	1979	M DeChamplain - St Francis of Assisi
44	Boys High Jump Junior	1.66m	2004	Athley Lwal - JJ Bowlen
45	Girls High Jump Intermediate	1.58m	1980	Jane Plaxton - JH Picard
46	Boys High Jump Intermediate	1.83m	2005	Athley Lwal - J Bowlen
47	Girls High Jump Senior	1.58m	1977	R Godlowski - St Cecilia
48	Boys High Jump Senior	1.83m	2015	Bennett Rathje - Louis St Laurent
49	Girls Long Jump Junior	4.94m	1975	Joanne Orysiuk - St Thomas More
50	Boys Long Jump Junior	5.62m	1986	Mark Grozic - St Cecilia
51	Girls Long Jump Intermediate	5.30m	2018	Joy Vela - St Nicholas
52	Boys Long Jump Intermediate	6.11m	2010	Jordy Ntambwe - JJ Bowlen
53	Girls Long Jump Senior	5.40m	2019	Joy Vela - St. Nicholas
54	Boys Long Jump Senior	6.31m	2004	Charles Brzerd - Maurice Lavallee
55	Girls Javelin Throw Junior	26.11m	2018	Madison Maximo - JJ Bowlen
56	Boys Javelin Throw Junior	34.88m	2024	Cristiano Lucyschyn - J J Bowlen
57	Girls Javelin Throw Intermediate	27.19m	2017	Chyler Figueroa - St Mark

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58	Boys Javelin Throw Intermediate	43.26m	2023	Lucas Parent - J J Bowlen
59	Girls Javelin Throw Senior	37.02m	2023	Sylvie Berg - Holy Cross
60	Boys Javelin Throw Senior	45.72m	2019	Alexi Dufour - Joseph Moreau
61	Girls Triple Jump Junior	10.54m	2019	Carmen Chu - Father Michael Troy
62	Boys Triple Jump Junior	11.92m	2024	Stephen Labeodan - St. Thomas Aquinas
63	Girls Triple Jump Intermediate	10.86m	2018	Madelyn Valpy - St Brendan
64	Boys Triple Jump Intermediate	13.23m	2018	Emanuel Goi - St Cecilia
65	Girls Triple Jump Senior	11.35m	2019	Madelyn Valpy - St. Brendan
66	Boys Triple Jump Senior	13.00m	2023	David Adekanmbi - Sir John Thompson